**Food Resources**

- Students/parents can pick-up District food resources from any [CPS school meal site](https://www.cps.edu). They do not have to pick up food from the school the student attends. If they are unable to get to a meal site, families can request home delivery of food by contacting the CPS Command Center by phone 773-553-KIDS or email familyservices@cps.edu.
- Meal sites near any Chicago address can be identified using the [CPS Grab and Go Meal Site Finder](https://www.cps.edu). Please assist students/families that may be unaware of what Meal Site location is closest to where they are staying.
- Families can utilize the Chicago Food Bank to find a food bank nearby that may deliver or may have different hours. Here is the website: [https://www.chicagosfoodbank.org/find-food/](https://www.chicagosfoodbank.org/find-food/).
- Food available at Noble campuses Monday-Friday 8am – 11am
A family needs assistance with applying/re-applying for SNAP (food stamps) benefits, who can help them?
  - The CPS Child and Family Benefits Unit (CFBU) is available to assist families with SNAP applications. CFBU can be reached through the CPS Command Center (773-553-5437 or familyservices@cps.edu).
  - Due to the coronavirus pandemic, the Illinois Department of Human Services is automatically extending SNAP benefits for 6 months that were scheduled to expire in March, April, or May. Additionally, benefit amounts have also been adjusted to respond to this crisis.
  - More information about SNAP benefits, including applications, can be found at https://abe.illinois.gov/abe/access/ or by contacting the CPS Command Center.

**Internet/Technology Resources**

- **Internet resources:** Numerous internet providers are offering free or discounted internet service during this time. [Please refer to this guide for additional information.](#)
- **Questions about laptop distribution?** Contact your student’s advisor

**Healthcare Resources**

- **How can a family without health insurance/a medical card access healthcare?**
  - Federally Qualified Health Centers provide medical care even if the patient has no health insurance or is not a US Citizen. They have sliding fee discount programs. Find a center by going to [http://findahealthcenter.hrsa.gov/](http://findahealthcenter.hrsa.gov/). Always call a healthcare center before visiting to confirm availability of needed services and hours.

**Housing Resources**

- **Emergency Housing/Shelter** – Call 3-1-1
- **Emergency shelter for youth/minors:** Youth can look for available beds here - [https://www.streetlightchicago.org/](https://www.streetlightchicago.org/)
  - To obtain shelter for a minor who is experiencing homelessness contact the Comprehensive Community Based Youth Service (CCBYS) hotline (877-870-2663).
- **Families needing help with rent** – Call City’s Rental Assistance Program. [More details and contact information for the Community Service Centers can be accessed here.](#)
Mental Health Resources

- If you or someone you know is in immediate danger, call 9-1-1
- Suicide Prevention Hotline 800-273-TALK (8255)
- Crisis TEXT line – Text HOME to 741741
- **Call 4 Calm** - The Illinois Department of Human Services has launched a support line called Call4Calm that is reachable via text. Individuals who want to speak with a mental health professional can text the word “TALK” or “HABLAR” (for Spanish speakers) to 552-020. Within 24 hours, that individual will receive a call from a mental health professional employed by a local community health center. People can also text other terms, like “unemployment” or “food” or “shelter” to the same number to receive information on how to navigate and access supports and services. Call4Calm is free, and individuals who use it can remain anonymous.
- NAMI Cook County North Suburban 847-716-2252
- C4 – Community Counseling Centers of Chicago Crisis Line 773-769-0205
- Need to speak to the social worker at DRW? Email socialwork@drwtcollegeprep.org