

# JANUARY 2019

NOBLE STREET CHTR CRIMSON - Corliss High School

9-12 GNG Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
	<ul style="list-style-type: none"> <li>• Pancake on a Stick . French Toast Bar . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg &amp; Cheese English Muffin . PBJ Graham Cracker Bar . Cinnamon Vanilla Crunch Granola String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• French Toast Sticks Maple Syrup . Strawberry Kiwi Bar . Cheerios String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes Maple Syrup . Apple Cinnamon Bar . Cinnamon Vanilla Crunch Granola String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Warm Mini Strawberry Creamy Cheese Bagels . Frosted Mini Wheats String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	
13	14	15	16	17	18	19
<ul style="list-style-type: none"> <li>• OFFERED DAILY We offer a rotation of vitamin and mineral-rich seasonal fresh and cupped fruits.</li> <li>• We only use heart-healthy whole grain breads, pastas, and rice in our recipes.</li> <li>• Our milk varieties include 1% low fat and fat-free unflavored and flavored choices.</li> </ul>	<ul style="list-style-type: none"> <li>• Pancake on a Stick . Apple Cinnamon Bar . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg &amp; Cheese Bagel . French Toast Bar . Cinnamon Golden Crisp Cereal String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• French Toast Sticks Maple Syrup C.Sausage Patty . Mango Banana Bar . Strawberry Parfait Graham Crackers . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sunnyside Egg &amp; Cheese Breakfast Quesadilla Tater Tots . Cold Mini Cinnamon Creamy Cheese Bagels . Cinnamon Vanilla Crunch Granola String Cheese . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Maple Mini Waffles . PBJ Graham Cracker Bar . Fruit Variety</li> <li>• Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Our menus are pork-free!</li> <li>• In peanut-free buildings, SunButter will be substituted.</li> <li>• All menus are subject to change.</li> <li>• Not all offerings may be available in all buildings.</li> </ul>
20	21	22	23	24	25	26
27	28	29	30	31	28	29