

JANUARY 2019

NOBLE STREET CHTR ORANGE - Bowen High School

9-12 N. Charter Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
	<ul style="list-style-type: none"> • Vegetable Pizza • Beef Quesadilla • Sun Butter & Jelly Sandwich • Seasoned Green Beans (Local) • Choice of Milk --- 1% Milk Skim Milk • Mexicali Corn Salad (Local) • Celery Sticks Baby Carrots • Fresh Apple Fresh Orange • Dried Cranberries 	<ul style="list-style-type: none"> • BRUNCH FOR LUNCH Waffle • C.Sausage Patties • Vegetarian Option - Cheese Omelet • Turkey & Cheese KaBoom Sub • Tater Tots • Choice of Milk --- 1% Milk Skim Milk • Zesty Black Beans Celery Sticks Baby Carrots • Fresh Apple Fresh Orange Applesauce 	<ul style="list-style-type: none"> • Penne Alfredo with Chicken Dinner Roll • Cheeseburger Hamburger • Spicy Black Bean Burger • C.Ham & Cheese Sandwich • Seasoned Broccoli • Choice of Milk --- 1% Milk Skim Milk • Mexicali Corn Salad (Local) • Celery Sticks Baby Carrots • Fresh Apple Fresh Orange • Dried Cranberries 	<ul style="list-style-type: none"> • Chicken Legs served with a Dinner Roll One of the following chicken leg flavors offered --- BBQ Chili-Lime • BBQ Sweet Thai Frank's RedHot • Cheese Sticks Spaghetti Dipping Sauce • Chicken Salad Sandwich • Creamy Mashed Potatoes • Choice of Milk --- 1% Milk Skim Milk • Zesty Black Beans Celery Sticks Baby Carrots • Fresh Apple Fresh Orange • Dried Cranberries 	<ul style="list-style-type: none"> • C.Ham, Turkey & Cheese Sandwich • Sunbutter & Jelly Sandwich • Choice of Milk --- 1% Milk Skim Milk • Mexicali Corn Salad (Local) • Celery Sticks Baby Carrots • Fresh Apple Fresh Cantaloupe Fresh Orange 	
13	14	15	16	17	18	19
<ul style="list-style-type: none"> • OFFERED DAILY We offer a rotation of vitamin and mineral-rich seasonal fresh and cupped fruits. • We only use heart-healthy whole grain breads, pastas, and rice in our recipes. • Our milk varieties include 1% low fat and fat-free unflavored and flavored choices. 	<ul style="list-style-type: none"> • Vegetable Pizza • Grilled C.Ham & Cheese Sandwich • Sun Butter & Jelly Sandwich • Seasoned Green Beans (Local) • Choice of Milk --- 1% Milk Skim Milk • Mexicali Corn Salad (Local) • Fresh Broccoli Celery Sticks Baby Carrots Tomato Wedges Shredded Romaine Lettuce • Fresh Apple Fresh Pear Dried Cranberries Applesauce 	<ul style="list-style-type: none"> • Beef Soft Taco and Bean Soft Taco Taco Toppings • C.Ham & Cheese Sandwich • Pinto Charro Beans • Choice of Milk --- 1% Milk Skim Milk • Green Bean (Local) & Tomato Salad Fresh • Cucumber Slices Celery Sticks Baby Carrots Fresh • Tomato Wedges Shredded Romaine Lettuce • Fresh Apple Slices Fresh Pear Fresh Banana Dried Cranberries 	<ul style="list-style-type: none"> • Hamburger Cheeseburger • Spicy Black Bean Burger • Burger Toppings Romaine Lettuce Leaf & Tomato Slice • Turkey & Cheese KaBoom Sub • Potato Emoticons (Local) • Choice of Milk --- 1% Milk Skim Milk • Black Bean & Corn Salad • Fresh Broccoli Celery Sticks Baby Carrots Tomato Wedges Romaine Lettuce • Fresh Apple Fresh Pear Fresh Banana Cinnamon Diced Pears 	<ul style="list-style-type: none"> • Chicken Nachos Vegetarian Nachos Nacho Toppings • Chicken Salad Sandwich • Black Charro Beans • Choice of Milk --- 1% Milk Skim Milk • Zesty Black Beans Fresh • Cucumber Slices Celery Sticks Baby Carrots Fresh • Tomato Wedges Shredded Romaine Lettuce • Fresh Apple Slices Fresh Pear Fresh Banana Applesauce 	<ul style="list-style-type: none"> • C.Ham & Cheese Sandwich • Sunbutter & Jelly Sandwich • Choice of Milk --- 1% Milk Skim Milk • Cucumber & Tomato Salad • Fresh Broccoli Celery Sticks Baby Carrots Tomato Wedges Romaine Lettuce • Fresh Apple Fresh Orange • Fresh Banana Dried Cranberries 	<ul style="list-style-type: none"> • Our menus are pork-free! • In peanut-free buildings, SunButter will be substituted. • All menus are subject to change. • Not all offerings may be available in all buildings.
20	21	22	23	24	25	26

